

# Integrity

AM I A PERSON OF INTEGRITY?



#### October 2022

## •What is integrity?

The quality of being honest and having a strong system of belief or behavior.

October 2022

# How do you measure up?

### Integrity Self-Rating Scale & Reflection

#### Bringing out the Best in CFISD

- 1. Rate how often you exhibit the integrity skills listed below on a scale of 1 to 5.
- 2. Total your score after you rate yourself.
- 3. Circle the skills that you feel you could improve upon.

1	2	3	4	5
Never	Rarely	Sometimes	Often	Always

I avoid gossiping.

- 2. \_\_\_\_\_ I avoid inappropriate jokes.
- 3. \_\_\_\_\_ I don't use profanity.
- 4. \_\_\_\_\_ I consider the sensitivities of others.
- 5. \_\_\_\_\_ I show good sportsmanship.
- 6. \_\_\_\_\_ I show academic honesty (no cheating, plagiarizing).
- 7. \_\_\_\_\_ I am anti-bullying & support victims (especially on social media).
- 8. \_\_\_\_\_ I am moral.
- 9. \_\_\_\_ I am honest.
- 10. \_\_\_\_\_ I am dependable.
- 11. \_\_\_\_\_ I am trustworthy.
- 12. \_\_\_\_\_ I try to do what is right, even when it is costly or difficult.
- 13. \_\_\_\_\_ I do the right thing when no one is looking.
- 14. \_\_\_\_\_ I am true to my very best self.
- 15. \_\_\_\_\_ I stand up for what I believe in.

#### Bringing Out The Best: Integrity

BRINGING

You hear someone knock on the door of your apartment. By the time you get to the door, the person has left. You see someone has left a cookie delivery at your doorstep. The note says it is for your loud upstairs neighbor & it must have been delivered incorrectly. What do you do?

Discussion or role play

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You're working on an exam in your History class. Your teacher steps out of the room for a moment. Once they are outside, a friend leans over and whispers, "What year did you put down for number seven? I can't remember the answer." What would you do?

Discussion or role play

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### Is it important to do the right thing & follow the rules even when no one is watching? Why or Why Not?

Discussion or role play

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Your friend wants you to take their SAT for them. They offer to pay you good money & you did make a good score on yours. A little extra spending money would be great! Should you agree to it?

Discussion or role play

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Have you ever done the right thing, and still gotten in trouble? How did you react? Did it change how you would behave in the future?

Discussion or role play

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Your friend wants you to steal a soap dispenser from a school restroom. They think it would be funny and want to post it to social media. How would you respond?

Discussion or role play

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Have you ever experienced when someone says one thing when talking to friends, but does the opposite when they are not around? How does that make you feel?

Discussion or role play

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You borrow your friend's signed jersey to wear to the game you won tickets for. At the game, someone behind you spills strawberry ice cream on the back of the jersey. You get it mostly clean but there is still a stain you can see. When you give it back, your friend doesn't seem to notice, do you say anything?

Discussion or role play

Your whole group project team gets a low grade because parts of your presentation were plagiarized. You know that you sent the corrected presentation to the teacher so you have your parent call for a conference. The next day you see that you sent the incorrect presentation in by mistake, what do you do?

Discussion or role play

#### **Family Integrity Contract**

The Family Values:	
2.	
3.	Take Ueme
4.	Take Home
5. By signing below, we agree as a family to uphold our values with integrity:	Activity
	Thung

# **Optional Extension Activity**





#### Social Media vs. Integrity

In the space below, write social media trends below (either positive or negative). In the second column, examine how those trends could or did impact people's integrity.

Connecting with strangers online "If I'm in a game chat with a friend and he invites his friend to join us who I don't know, what should I do?"	
Illegal Tiktok challenges and getting help recording that behavior.	
Heavily filtered posts that change	